

## FLOW



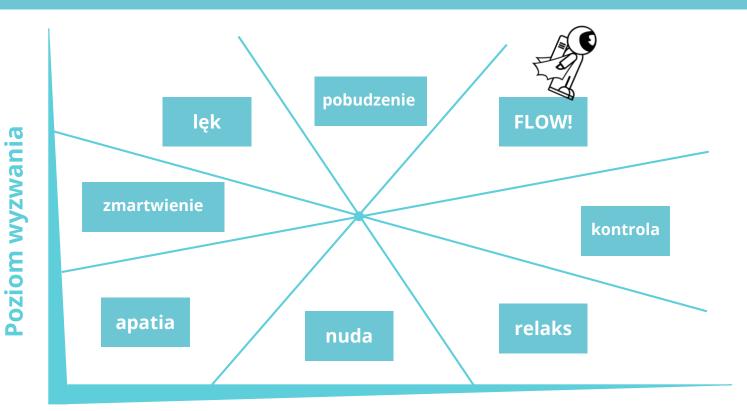
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"a state in which people are so involved in an activity that nothing else seems to matter; the experience is so enjoyable that people will continue to do it even at great cost, for the sheer sake of doing it"

Mihaly Csikszentmihalyi



## FLOW



Poziom umiejętności